

Fingerpicking Exercises

Instructions

A E C G	3 pluck 3 rd fret on the A string	2 (m)-pluck with middle finger 1 (i)-pluck with index finger 2 (t)- pluck with thumb
------------------	--	--

1 – Thumb pluck and pinch, , thumb alternating between C and G string (hold a C chord with left hand)

A E C G	3 3 3 3 3 3 3 3 3 3 3 3 3 3
	0 0 0 0 0 0 0 0 0 0 0 0 0 0
	0 0 0 0 0 0 0 0 0 0 0 0 0 0

2 – Thumb pluck and 2-finger pick, thumb alternating between C and G string (hold a C chord with left hand)

A E C G	3 3 3 3 3 3 3 3 3 3 3 3 3 3
	0 0 0 0 0 0 0 0 0 0 0 0 0 0
	0 0 0 0 0 0 0 0 0 0 0 0 0 0

3 – Thumb pluck and pinch, thumb alternating (with chord progression – C-G7-Am-F, full measure for each chord)

A E C G	3 3 2 2 0 0 0 0 3 3 2 2 0 0 0 0
	0 0 1 1 0 0 1 1 0 0 1 1 0 0 1 1
	0 0 2 2 0 0 2 2 0 0 2 2 0 0 2 2

4 – Thumb pluck and pinch, thumb alternating (with chord progression – C-G7-Am-F, 1/2 measure for each chord)

A E C G	3 2 0 0 3 2 0 0 3 2 0 0 3 2 0 0
	0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1
	0 2 0 0 0 2 0 0 0 2 0 0 0 2 0 0

5 – Thumb pluck and 2-finger pinch, , thumb alternating (with chord progression – C-G7-Am-F, full measure for each chord)

A E C G	3 3 2 2 0 0 0 0 3 3 2 2 0 0 0 0
	0 0 1 1 0 0 1 1 0 0 1 1 0 0 1 1
	0 0 2 0 0 2 0 2 0 0 2 0 0 2 0 2

6 – Alternating finger pattern, Thumb-Index-Thumb-Middle (T-I-T-M) (hold a C chord with left hand)

A E C G	I M I M 0 3 0 3 0 3 0 3 0 3 0 3
	T T T 0 0 0 0 0 0 0 0 0 0 0 0

7 – Forward roll, T-I-M

A E C G	I M I M I M I M I M I M I M I M I M
	T T T T T T T T T T T T T T T T

8 – Forward roll, 8 note pattern, T-I-M-T-I-M-T-M

A E C G	I M I M M I M M M I M M M I M M M
	T T T T T T T T T T T T T T T T

9 – Forward roll, 8 note pattern, T-I-M-T-I-M-T-M, (with chord progression – C-G7-Am-F)

A E C G	3 3 3 2 2 2 0 0 0 0 2 0 0 0
	0 0 0 1 1 2 0 0 0 2 2 0 0 0
	0 0 0 0 0 2 2 2 0 2 2 0 0 0

10 – Forward roll, Triplets, T-I-M, (with chord progression – C-G7-Am-F)

A E C G	3 3 2 2 0 0 0 0 2 0 2 0
	0 0 1 1 0 0 0 2 2 0 0 0
	0 0 0 0 2 2 2 2 0 0 0 0